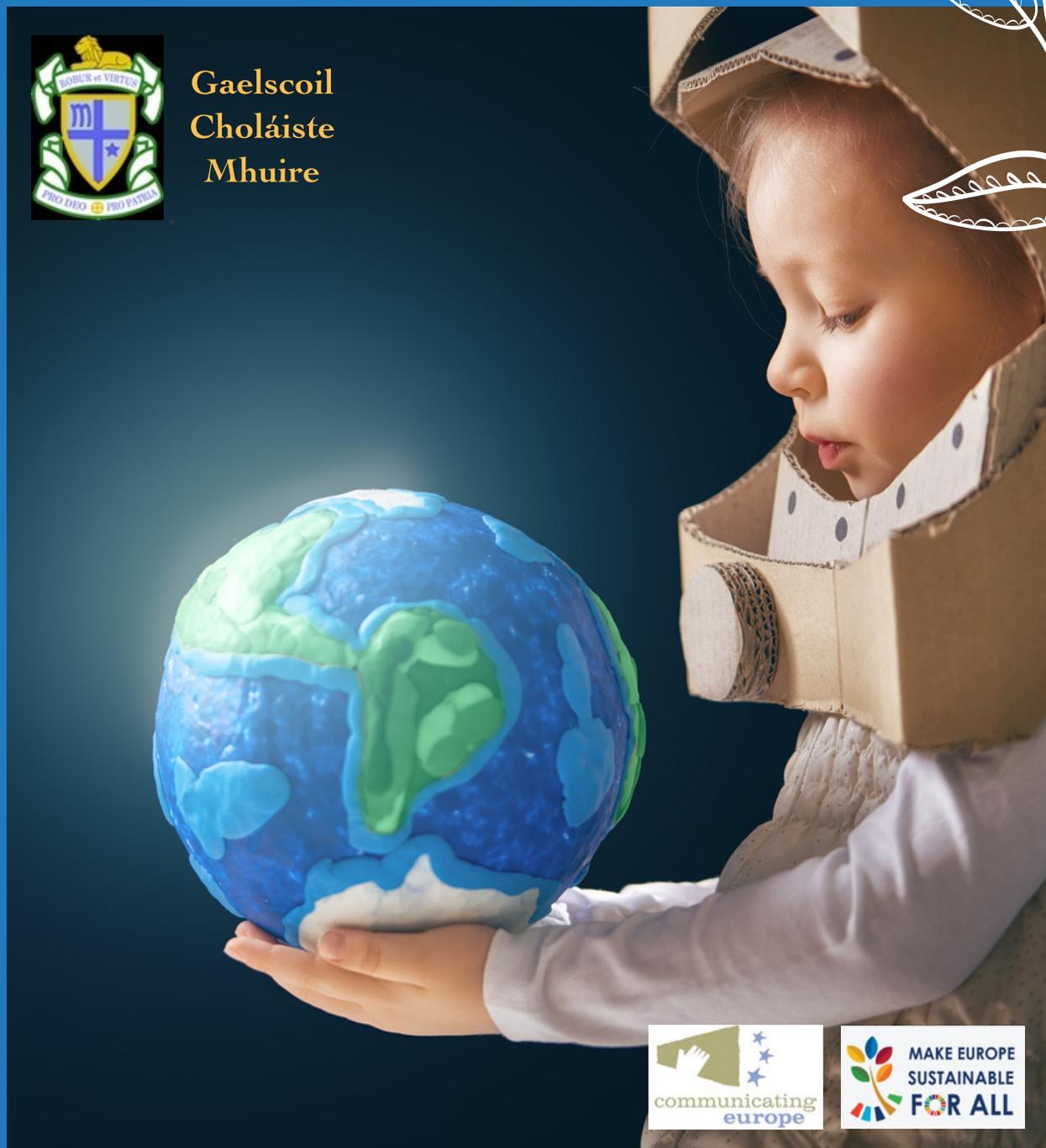


BioMe BioYou

An Tionscnamh Cumarsáide faoin Aontas Eorpach 2020



Gaelscoil
Choláiste
Mhuire



Facts, Friendship, Fun, Learning & Growing

**FÍRICÍ, CAIRDEAS, SPRAOI, FOGHLAIM AGUS FÁS
MAR SHAORÁNAIGH ÉIREANNACHA AGUS EORPACHA**

Réamhrá ón Aire.



Is cúis mhór áthais dom, mar Aire, an e-iris iontach seo a chruthaigh daltaí Gaelscoil Choláiste Mhuire dúinn, a aithint agus a láimhseáil go hoilfigiúil ar maidin. Tá an iris seo mar chuid de thionscadal corraitheach atá dírithe ar thuiscint na ndaltaí ar an Eoraip inniu, ról na hÉireann san Eoraip, agus conas is féidir linn oibriú le chéile chun domhan inbhuanaithe a thógáil nach bhfágfaidh éinne ar lár.

Cé gur tír bheag sinn, tá guth na hÉireann san Eoraip ag éirí níos tábhachtaí. Mar phobal, táimid tiomanta do luachanna Eorpacha – síocháin agus caoinfhulaingt, daonlathas, cearta an duine agus combhionannas inscne. Leanann Éire ag tacú leis an Eoraip chun na luachanna seo a fhorbairt agus a chothú sa bhaile agus thar lear. Tacaímid go láidir freisin leis na seacht gcuspóir déag d'fhorbairt inbhuanaithe a chomhaontaigh na Náisiúin Aontaithe in 2015. Soláthraíonn na haidhmeanna seo treo-chlár roinnte chun dúshlán dhomhanda mar bhochtaineacht, ocras, éagóir agus athrú aeráide domhanda a shárú.

Tá Éire tiomanta dá cuid a imirt chun na haidhmeanna seo a bhaint amach. Tugann ár mbeartas forbartha idirnáisiúnta, 'Domhan níos fearr' breac-chuntas ar ár bhfís de dhomhan níos cothroime, níos síochánta agus níos inbhuanaithe agus déanann sé bealach chun tosaigh chun an fhís seo a bhaint amach.

Le cinntiú nach bhfágfar aon duine ar lár, caithfidimid go léir oibriú le chéile. Sin é an fáth go bhfuil áthas orm gur léirigh daltaí Gaelscoil Choláiste Mhuire ceannaireacht san iarracht seo. San e-iris seo tá smaointe cruthaitheacha agus inspioráideacha acu faoin gcaoi ar féidir linn todhchaí níos cothroime agus níos inbhuanaithe a thógáil le chéile.

Mar Aire Stáit do Ghnóthaí Eorpacha, ba mhaith liom an obair chrua agus an iarracht a rinne daltaí agus foireann Gaelscoil Choláiste Mhuire a mholadh sa tionscadal seo. Anois níos mó ná riamh creidim go bhfuil gá le tionscadail chruthaitheacha mar seo i scoileanna, atá faoi stiúir daltaí, ionas gur féidir leo a gcuid guthanna a roinnt ar a bhfuil i gceist le bheith mar chuid den Eoraip.

Tá áthas orm go bhféadfadh an Roinn Gnóthaí Eachtracha tacú leis an tionscadal seo trínár dtionscnamh Cuimhneacháin na hEorpa. Is é an aidhm atá againn tríd an tionscnamh seo ná cabhrú le hÉireannaigh, chomh maith le leanaí, conas a rinne ballraíocht san Aontas Eorpach ár saol agus ár bpobail a athrú agus a fheabhsú. Is tionscadail mar seo a threoraíonn an bealach chun tuiscint níos doimhne ar ár ról san Eoraip agus tréasláim le Gaelscoil Cholaiste Mhuire agus le daltaí rang a sé as an sár-obair atá deanta acu.

Go raibh maith agat.

Ther Byrne



EUROPE





EOLAS FÚINN

DIA DAOIBH, SEO GAELSCOIL CHOLÁISTE MHUIRE .

Is Gaelscoil Caitliceach muid a úsáideann an Ghaeilge mar sprioctheanga atá mar chuid dár n-oidhreacht agus rud a bhfuilimid an-bhródúil aisti. Mar a deirtear, "Beatha teanga í a labhairt", agus glacann ár bhfoireann agus ár ndaltaí leis seo go hiomlán, iad uile ag obair le chéile chun timpeallacht shona, tháirgiúil, chairdiúil agus chuimsitheach a chruthú do gach leanbh a thagann isteach i ngeataí ár scoile. Bíonn ár ndoirse oscailte i gcónaí.

Tá lúcháir ar na daltaí agus na múinteoirí, in éineacht leis an Aire Thomas Byrne, an Roinn Gnóthaí Eachtracha, an Dr. Daithí O'Murchu Cathaoirleach agus BioMeBioYou, ceiliúradh pearsanta a chruthú leis seo ar Lá an AE 2020 a Chomóradh tar éis tréimhse chomh dúshlánach le linn Covid-19 , trínár gcion don iris seo.

Le chéile is féidir linn agus tabharfaimid léargas ar thábhacht SDGanna na Náisiún Aontaithe agus oibriú le chéile mar thodhchaí níos fearr dár leanaí, dár dtír, don Eoraip agus dár saol sa deireadh. Ar scáth a chéile!

Paul Hansard, Principal



RANG 6

We are really happy to have this opportunity to work with the Department of Foreign Affairs and the EU to say how we kids feel about our fears and hopes around global warming; the plights of poverty in Ireland; the importance of fulfilling the SDG's, ideas on what we can do to help eradicate gender inequality and help inform people on how important it is to recycle and reduce waste. We all make a difference.

“ Every boy and girl should have the same chance to live a good life. ”

“ If the Arctic ice melts, we could end up under water. ”

“ I'm very happy to have a warm bed to sleep in at night. ”



Don't throw away just about anything. Stop and think if you can reuse it.

“ Child poverty in Ireland has doubled since the recession. ”

“ My fear is that anyone of us could end up living on the streets. ”





LET'S GET CREATIVE ABOUT EUROPE!



Primary school pupils around the country are being challenged to get creative in how they learn and think about Europe through the Blue Star Programme!

The Blue Star Programme teaches primary school pupils about European cultures and the EU through creative activities and projects which complement the national primary curriculum.

The idea is simple: to foster better understanding and knowledge of Europe and how it affects the lives of Irish citizens among Irish primary pupils in a friendly manner. Since the first year of the Programme in 2011-2012, the Blue Star Programme has had just over 1,000 primary school registrations across the country, as the Programme grows from strength to strength.

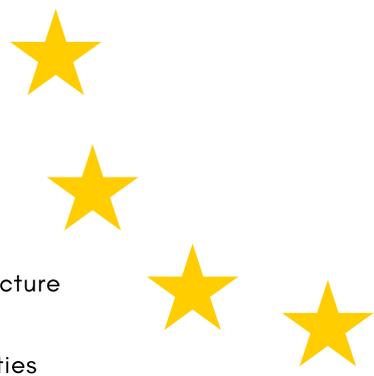
The Programme is designed to be as curriculum-friendly as possible so it can fit in with lesson plans already in place in our Gaelscoil. Each class carries out projects suitable for their age group on History; Geography; Culture and Creativity; and Institutions of the EU.

In Gaelscoil Choláiste Mhuire, we registered for the Blue Star Programme in 2020. As part of our application to achieve the Blue Star Status, our Commemorating Europe Day is very important in our project as it gives us a very clear picture of how we can work with other students in Europe to make Earth a better place. Through our research on the United Nations SDGs in Ireland, we have learned about the role Europe is playing in addressing the 17 SDGs and how Ireland is playing its role also. On <https://irelandsdg.geohive.ie/> we can see Ireland's Hub for the SDGs, 'To transform Our World'. The progress we are making in each and every Goal is outlined and shown so that we can see our progress. Our Blue Star Programme and all of our projects for Commemorating Europe Day are about sharing our research and findings with others. We look forward to becoming a Blue Star school in 2021.



The 17 SGD's

- 1.No Poverty
- 2.Zero Hunger
- 3.Good Health & Wellbeing
- 4.Quality Education
- 5.Gender Equality
- 6.Clean Water & Sanitation
- 7.Affordable & Clean Energy
- 8.Decent Work & Economic Growth
9. Industry, Innovation & Infrastructure
10. Reduced Inequalities
- 11.Sustainable Cities & Communities
12. Responsible Consumption & Production
13. Climate Action
14. Life Below Water
15. Life On Land
16. Peace, Justice & Strong Institutions
17. Partnerships For The Goals





BioMeBioYou.eu project has a clear mission to deepen public awareness of the vital roles that both Ireland and the EU have played, are playing and will play in attaining the United Nations SDG's, 2030.

How is Ireland doing so far?



The consistent poverty rate in Ireland fell from 9% in 2013 to 5.6% in 2018. The rate for young people under 18 in poverty is four times higher than for those over 65 years of age. The Irish government granted €791.6m. to Poverty Reduction Programmes in 2018.



The risk of food poverty fell from 13.3% in 2013 to 8% in 2018, and studies have shown that this phenomenon was and still is highest in the East and Midland regions of Ireland. The prices of food is at the lowest it has been since 2010.



As of 31st May, 2020 the number of confirmed COVID-19 cases notified by the Health Protection Surveillance Centre was 25,056 of which most occurred in Dublin, followed by Cork & Kildare.

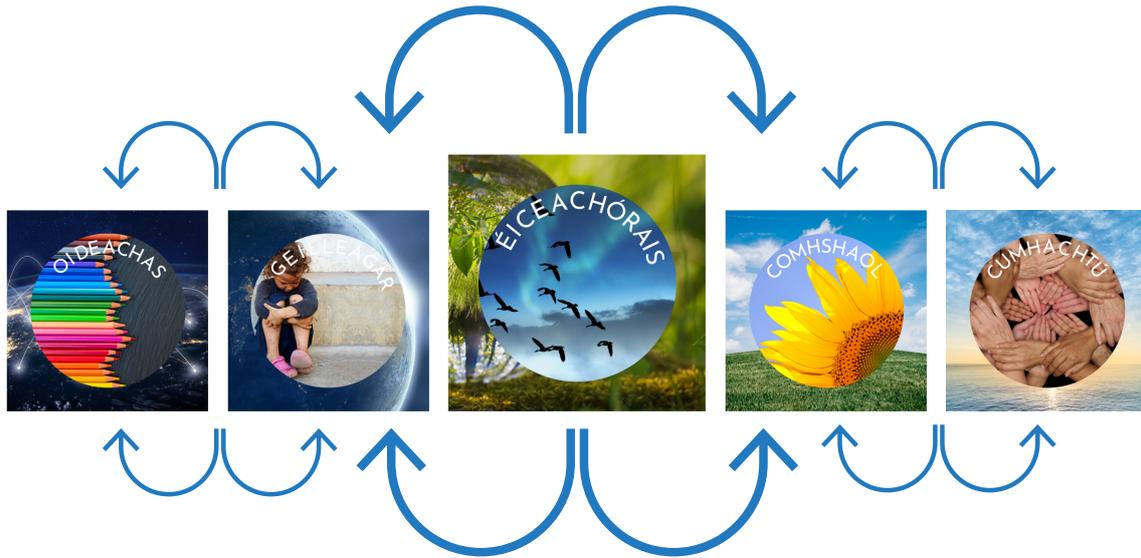


According to the Student Assessment Proficiency Levels, 88% of Irish 15 year olds scored Above Level 1 and 100% of Ireland's 16-29 year olds possessed IT skills. The enrolment rate in primary education in Ireland is close to 100%.





Everything Is Connected



We are studying the United Nations 17 SDG's under five headings;

Education
Economy
Ecosystems
Environment
&
Empowerment

Our project is initially aimed at raising awareness among Primary school students in Ireland and the EU and also their families and whole-school communities, the Irish Government and MEPs.

Heal The World



PLANET EARTH IS NOT JUST SOMETHING THAT BELONGS
TO GROWN-UPS OR POLITICIANS OR WORLD LEADERS,
IT BELONGS TO US!
LET'S SEE WHAT WE CAN DO, TO ENJOY OUR LIFE ON
PLANET EARTH FOR AS LONG AS POSSIBLE.

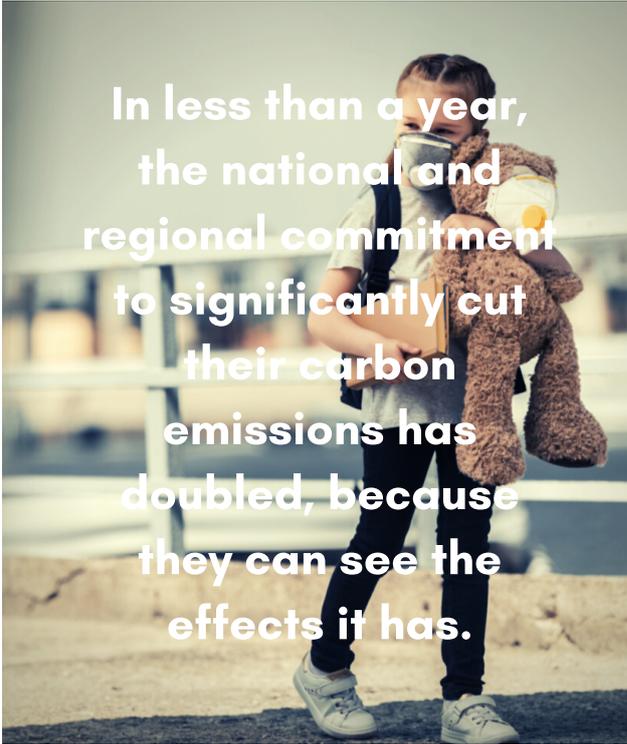
THE QUEST FOR

ZERO EMISSIONS

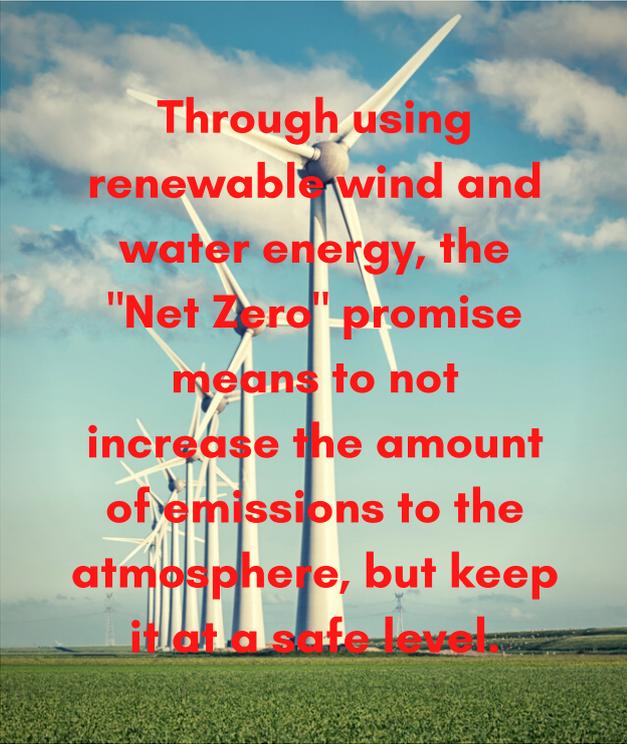
THE CLOCK IS TICKING



Our world is rapidly changing, and not for the better. We are polluting and poisoning Planet Earth so much so, that we are destroying it.



In less than a year, the national and regional commitment to significantly cut their carbon emissions has doubled, because they can see the effects it has.



Through using renewable wind and water energy, the "Net Zero" promise means to not increase the amount of emissions to the atmosphere, but keep it at a safe level.



Due to pollution, Planet Earth is heating up. This spells disaster for humans, nature, animals and the climate. There is no one to look after our Earth, but us.

How to Care for Our Planet, Our World!



- 01 Turn off the lights when you leave a room, to save both the environment and your pocket money!
- 02 Put your computer to sleep when you're not using it, I'm sure it could do with a rest from time to time...
- 03 Turn off the TV at night but, not the fridge, or you'll have to eat soggy ice cream-yuck!
- 04 Shine up your old bike and go out for a fun trip in the open air, rather than in a car.
- 05 Make use of your garden to grow vegetables, or pot some plants indoors, before long you can harvest, yayyy!
- 06 Buy things that are produced close to you, then trucks don't need to use diesel to bring it to you from far away.
- 07 Creating plastic produces lots of dangerous gases so try to use as little of it as possible whenever you can.
- 08 If you spot litter on the street, on the beach or in the forest, please pick it up and put it in a bin, thanks!
- 09 If you haven't already set it up, create a recycling station in your home for plastic, paper, metal and glass.
- 10 Use things for a long time before you buy a new one, only buy what you need.

Did You Know?!

Apple sauce was the first ever food eaten by astronauts in space.
Yum!



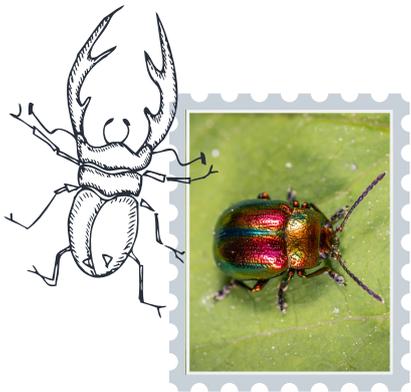
Otters hold their paws above water as much as they can to conserve heat.
Adorable!



You might think your granddad is super ancient but, did you know that Planet Earth is over 4.5 billion years old!!



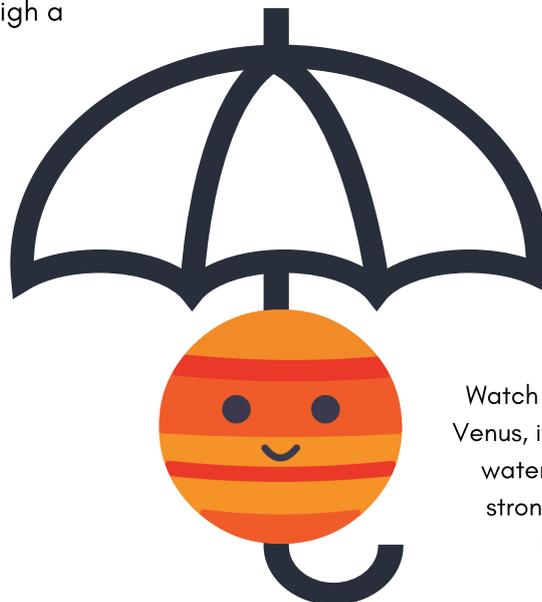
Think he is cute? Think again!
A fully grown male brown bear can weigh a tonne and stand 3 meters tall.



95% of insects don't have bones inside their bodies, their bones are on the outside! This is called "exoskeleton" and acts as protective armor, shedding as the animal grows a bigger one.

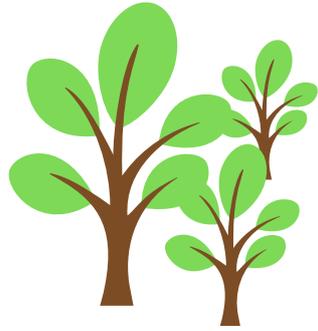
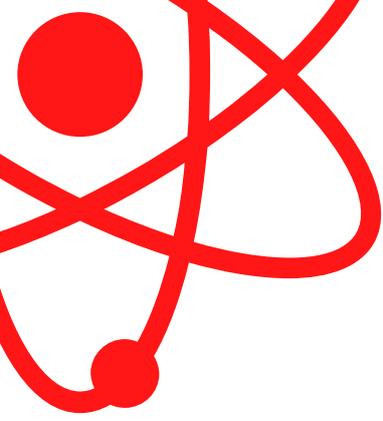


Feeling sleepy this morning?
The snail will beat you to it.
They can snooze for 3 years, in one stretch!
Zzzzzz...



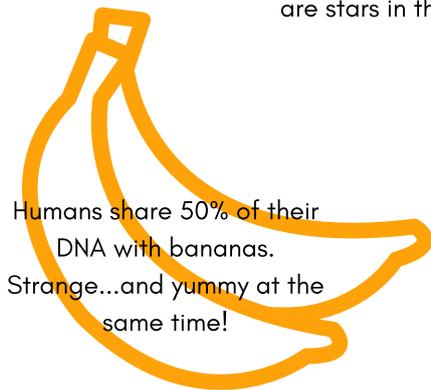
Watch out! On planet Venus, it rains metal, not water. Got to get a stronger umbrella, and fast!



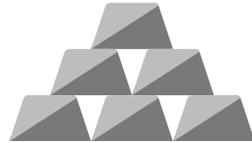


Look up to the sky. There are 12 times more trees on earth than there are stars in the Milky Way.

Owls don't have eyeballs—whaaaat!?! Instead, they have eyetubes which they can't rotate, so their heads have to instead...



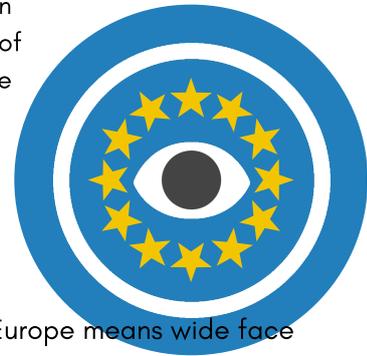
Humans share 50% of their DNA with bananas. Strange...and yummy at the same time!



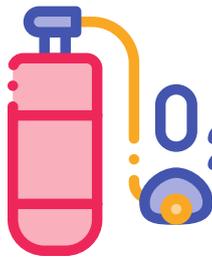
In space, metal can weld on its own, with only a little bit of pressure applied, due to the lack of atmosphere.



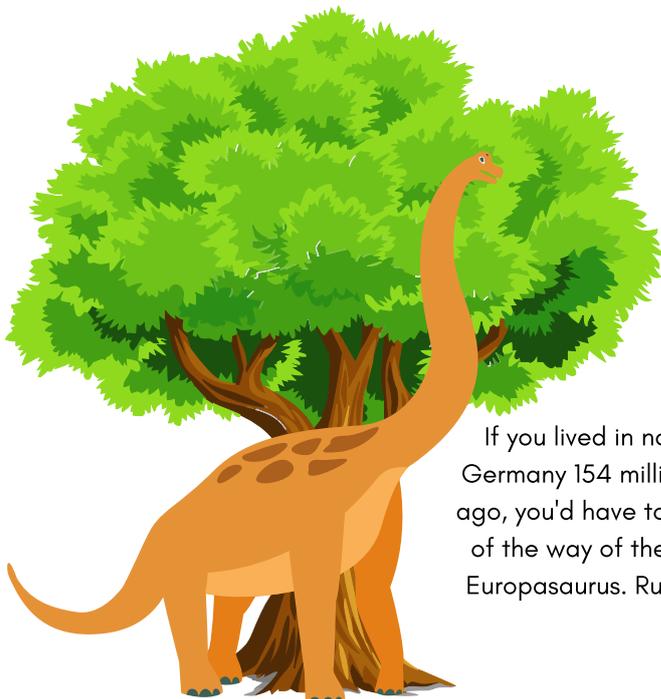
The world's longest mountain range, you cannot trek since it lies deep, deep under water. The Mid-Ocean Ridge is an impressive 65,000 km long and soaking wet.



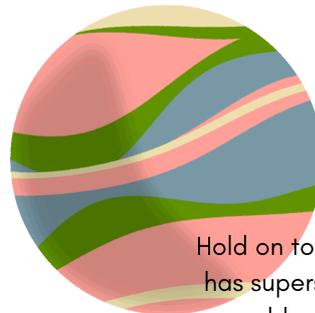
The word Europe means wide face or wide view. It comes from the Greek myth of princess Europa and her dramatic abduction by Zeus.



An impressive 70–80% of the world's oxygen is not produced on land, but actually deep in the ocean, by large clusters of marine algae.



If you lived in northern Germany 154 million years ago, you'd have to stay out of the way of the mighty Europasaurus. Ruuuun!!!



Hold on to your hat! Neptune has supersonic winds which can blow as fast as 1,700 km/hour.

Climate Change

A poem by Grace & Aisling

Polar bears are dying,
People are crying.
People are polluting our planet.
People aren't trying because our planet is
dying.

Don't be shy to use your voice,
every little bit makes a change.
Stop wasting money on plastic items.
When you can, save the planet by using
reusable items.

You can make a change everyday.
Think.

When you buy a car or throw away the trash,
recycle or buy an electric car.

That will make a big difference to our lives.

Stop using plastic knives.

People aren't caring for our planet,
we need to fight for our rights.

We know that we are kids, but we have a
voice and
we're going to use it to save our earth.



AN INTERVIEW WITH

Mr. Nigel Hutson



DEPUTY DIRECTOR - UN AND INTERNATIONAL
FINANCIAL INSTITUTIONS UNIT
DEVELOPMENT COOPERATION AND AFRICA DIVISION
DEPARTMENT OF FOREIGN AFFAIRS, IRELAND

The students of Rang 6 had the wonderful opportunity to virtually interview Mr. Nigel Hutson during their research into Ireland's role in Europe and globally, in addressing the United Nations Sustainable Development Goals, SDGs.



The class prepared several questions for Mr. Hutson on the following topics;

- What role is Ireland playing to address Climate change?
- What role is Ireland playing in promoting sustainable living ?
- What are Mr. Hutson's opinions on how Ireland is performing in areas like health, tackling poverty, equality of opportunity, building sustainable cities, clean water and renewables?
- What is Ireland's role in reporting to the United Nations and how are we performing overall?
- What is Mr. Hutson's role in the Department of Foreign Affairs around helping those most in need around the world, especially the small Island Nations?
- Finally, how has the Covid-19 Pandemic affected Mr. Hutson's role in the DFA?



Mr. Hutson clearly outlined the vital importance of 'respecting our Planet and all citizens globally'. He spoke about how we in Ireland were addressing areas of the SDG's around the use of gas and oil and how Ireland is putting a much stronger focus on renewables like wind and wave power to reduce our carbon footprint and to improve our environment.

In the areas of Hunger and Poverty, Mr. Hutson pointed out the need for investment by all countries in good health care, clean water, sustainable cities, equality of opportunity for men and women and the promotion of renewable energies globally to address the areas of development, poverty and hunger.

Every three years, Ireland reports to the United Nations and he pointed out that each person in Ireland can make a difference in addressing Climate Change and the SDGs. How? By turning off the lights, recycling, not throwing away plastics and creating rubbish and by addressing waste management in our homes and communities. Ireland's last report to the Un was in was in 2019 and we did very well in most areas of training and education and especially in addressing poverty, which was our strongest showing in the SDGs. One area we needed to address better was the overall care for our environment. Moreover, he pointed out that 1% of our money in Ireland, we give to the EU for the implementation of the SDGs globally. This money is used to help those countries most in need and those left behind especially by poverty.

Mr. Hutson pointed out that during Covid-19 restrictions globally, the role of Ireland in the EU had slowed down significantly in addressing the SDGs and there was a fear that the good work that had been undertaken would be undone. He pointed out that the DFA, Ireland was fully committed to moving forward with addressing Climate Change and to 'Building Back Better'. In this area he also spoke of his particular role in the DFA and how Ireland was working with Small Islands around the world, developing sustainable programmes and friendships, particularly in the Pacific Ocean, on islands like Fiji.





**An Roinn Gnóthaí
Eachtracha agus Trádála**
Department of
Foreign Affairs and Trade



These programmes around rising sea-levels, storms, climate change, hurricanes, and sustainable development assisted Ireland in giving constructive feedback to The EU and the UN concerning the SDGs. The organisation of annual 'céilís' by the DFA, groups of tribal chiefs coming together to address and solve problems on the islands was one programme which Mr. Hutson believed was very important.

In 2019 he visited Fiji and told us about how Ireland is the voice for many small island nations when addressing the SDGs in the EU and the United Nations. Ireland is also trying to seek the help of other island nations like Iceland and Cyprus to put extra funding aside to assist the development of the SDGs in these small island nations globally.

Finally Mr. Hutson asked each and every student to make a difference everyday, in everything they do. He pointed out that Climate Change was not just an issue for governments but was something that affected every person on earth.

He again said that Ireland has achieved a lot in addressing the SDGs in Europe and globally but that there was a lot more to do and the government of Ireland and the DFA would at all times ensure that in every report to the EU and the UN, Ireland would represent and be the voice of the small island nations.



Protecting The Arctic Ireland's New Role





UNLESS SOMEONE LIKE YOU
CARES A WHOLE AWFUL LOT,
NOTHING IS GOING TO GET
BETTER, NO IT'S NOT.

IRELAND AND THE ARCTIC COUNCIL

Earlier this month, the Irish government agreed to authorize Ireland's application to The Arctic Council, to become one of their observer members in 2021. As the chair holder of the OSPAR Commission, which is responsible for protecting the marine environment of the North-East Atlantic, Ireland is devoted to help its citizens and the world to understand the impact climate change has on the Atlantic and how this could affect our Irish farming and coastal communities. We hope for a positive reply to our application, and to get to work immediately.

The Arctic council is a high level inter-governmental organization made up of eight member states which work hard to promote cooperation, coordination and interaction between all the states, addressing the many issues faced by the Arctic governments and the indigenous people who for centuries have called the Arctic their home. The importance of Ireland being granted the role of an observer member state cannot be understated, as this would allow us to report back to EU about situations arising in our country due to climate change & global warming.





This Is Me

S i m p l y b e i n g y o u



When you think about it, small kids don't notice the difference between girls and boys. They accept and respect each other just as they are, whether they are born in a male or female body. It's only when they get older and are "told" that they are different, that gender inequalities might develop.

How To Help Iradicate Gender Inequality

Learning To Help Everyone Feel Equal

Being Both Friendly & Fierce!

“

IN OUR OWN WORDS

The soul has no gender"

Gender inequality is a phenomenon which leads to girls and boys not being treated as equal. This may show itself in biologically, psychologically and or culturally different ways. You might have heard of this happening in far away and distant countries, but, the truth is that this is happening right here in Ireland and in Europe, and if we educate ourselves about it, we then can do something about it. Surely, you wouldn't want your class friends to be treated differently just because they are of a different gender?

If you are born a girl in this world, you are more likely to be discriminated against when it comes to your right to speak up and have your opinion; you are often not offered as good an education as if you were a boy and because you are female, once you get a job, you are probably going to get paid less than a man doing the same job! Surely that can't be fair. So, what can we do to help increase inclusiveness and reduce inequalities? We can:

Make sure to help at home as much as anyone else does.

Speak up if you see or hear someone is mistreating either a girl or a boy.

Let anyone play with whatever they want, there are no girls toys or boys toys.

Learn about and respect your body and that of others.

Know that all humans have feelings and have the right to be sad or happy.

Talk about racism and how that can feel for people of different colored skin or hair.



MAKE A BUG HOTEL

As soon as the first rays of spring begin to shine, create a safe hideaway for bees, butterflies, bugs and lots of other kinds of critters who are looking for a calm and peaceful place to have a snooze until summer. Look in your shed, garden or cupboards, I'm sure you have most of what you need there already.

Pick an old terracotta pot which will allow moisture to escape through its walls if it rains, rather than a plastic one which might get waterlogged. Ask an adult to lend a hand and saw a bamboo stick into plenty of shorter sticks. Put them all in the pot. Collect moss from the woods and make sure it's quite dry before you use it to prevent it from rotting. You can also buy it ready-made in a garden shop. Tie a sturdy band or length of wire around the top of the pot and hang it up, now, all we have to do is wait for our first customer!



1.



2.



3.



4.





Lunchbox Bites



**MAKE A DELICIOUS,
NUTRITIOUS, ORGANIC
LUNCHBOX-YUM!**

There is nothing better than, after having run around in the school yard with your friends on your break, to pop open your lunchbox and dive right in! It's important that you eat good things that give you energy and strength to keep learning and developing. We are what we eat!

Chat with your parents and discuss how you best can put together a nutritious and yummy lunch which you simply cannot wait to eat.

Helping the planet by eating foods that are grown locally is also a great idea. Check out the [Bord Bia](#) website to see which fruit and veg are in season in Ireland right now and take your pick and if you can find an organic variety in your shop, even better!

On the same website there are loads of great recipes for you to make really delicious stuff for your lunch box, such as cereal bars, jam for your crackers, egg salad and much more.

Why not try to grow something like lettuce at home, which is really easy to grow in your kitchen windowsill.

Have fun and bain taitneamh as do bhéile



**Don't You Know,
You're Berry, Berry
Special To Me!**



*How to grow,
wherever you are.*



It doesn't matter where you are in the world; if you are living in a castle or in a cottage, in an apartment, a bedouin tent or in a house. You can plant something ANYWHERE! With just a little bit of soil, a few seeds or baby plants, you can create beautiful plants to care for, to help grow and enjoy for a very long time. And, if you're really clever, you plant something which gives you yummy fruit or vegetables too!



Think you have no plant pots? Think again!



If you have NO space at all, egg shells are eggcellent for planting tiny things in...



You don't need that much space, just a small square in the garden will do.



Make a fun and simple game out of a few old stones and a touch of paint!



Wash and paint old food tins and create a gorgeous and delicious indoor herb garden.



GREEN SCHOOLS IRELAND - WORKING TOGETHER FOR A SUSTAINABLE FUTURE

Green-Schools is Ireland's leading environmental management and education programme for schools.



Promoting long-term, whole-school action for the environment, Green-Schools is a student-led programme with involvement from the wider community.

The programme is operated and co-ordinated by the Environmental Education Unit of An Taisce (FEE member for Ireland). Green-Schools is operated in partnership with Local Authorities and is supported by the Department of Housing, Planning, Community & Local Government; Department of Communications, Climate Action and Environment; Department of Transport, Tourism and Sport; The Department of Arts, Heritage Regional, Rural and Gaeltacht Affairs; Department of Foreign Affairs and Trade; Irish Aid, National Transport Authority; National Parks and Wildlife Service, Irish Water and the Wrigley Company Limited. In Gaelscoil Choláiste Mhuire, the Green Schools' programme and awarding of Green Schools' Flags play an important role in our efforts to address issues like Climate Change at a local level.

We are in a very, very old building in the centre of Dublin and each day our Green School Team takes on the tasks of recycling, water conservation, waste-management, energy conservation and healthy living walking and cycling to school. Each student from Junior Infants to Rang 6, has a role to play and our families also play a role at home in following our School's Green Code.

Ireland's role in the European Union in addressing the United Nations Sustainable Development Goals is very important and we believe that what we are doing each and every day, even in this difficult time of Covid-19, helps us to see how small differences and changes make a big difference overall. Sometime we hear people say that the government is responsible for everything. We believe that we are all responsible for our environment and everything we do to make our school and homes better and more sustainable, makes a difference. For example when we do carol singing outside the GPO in Dublin, it may seem that no one is listening, but we see homeless people coming up and sitting down and joining in. The smile on their faces shows that our singing is bringing some joy to their lives. When we bring in gifts for families that are suffering from poverty and are homeless, we know that it makes a difference. When we turn off the taps and the lights and the Interactive White boards, we know that we are helping our planet. When we walk or cycle to school we are improving our health.

The Green Flags help us to focus on specific Themes that guide us in what we can do everyday to address the SDGs. We believe that if Europe had a Green Flag Schools Programme, like Ireland, it would make a huge difference in every country. Moreover every student and family would play a vital role in addressing the 17 SDGs.

Take a look at the themes and choose one today. Today can be the start of your journey to be the Change <https://greenschoolsireland.org/themes/>





No Poverty...



LIVING WITH FEAR

Not having enough money to feel fully secure that your day, week, month or year will go smoothly, is not just a problem for people far away. It is happening right here among us today.

Over 230,000 children in Ireland live in consistent poverty. That is 1 in every 5 children. It is hard to be happy, to concentrate in school or make friends when most of your day is spent worrying about what you will be given to eat when you get home, how to afford new schoolbooks and if you will be lying curled up and cold in bed tonight.

NO POVERTY,

A Poem By Aisling Casey & Grace Crawford

When you walk the streets of Dublin

All you see are homeless people in need.

You can give them a Euro.

How would you feel, they might have kids?

In the freezing cold, hungry and tired.

Trying to survive sleeping on the floor.

How would you feel sleeping in the cold

where dogs might have peed.

They would love even a tent,

they would really appreciate that.

You could be homeless tomorrow, it could happen to anyone.

Some could be in an emergency situation.

Some homeless people are treated like nothing, left in the dust

where they feel lonely.



WHAT CAN WE DO

TO HELP

REDUCE POVERTY



- Treat everyone with respect
- Help at soup kitchens
- Donate to charity
- Make more homeless shelters
- Reduce the rent and price of housing
- Make more jobs available
- Help the homeless get involved in society
- Raise money with family and friends
- Protest in the name of the homeless
- Give your old clothes to the needy
- Donate hygiene and cleaning products
- Volunteer and be kind





” Act as if what you do makes a difference, because it does!

There are SO many ways we can help recycle and reduce waste in Ireland, something which will not only help our own country, but also Europe and the rest of the world.

What we do or don't do has a direct effect on the environment as a whole, and together we must help keep our planet as alive and well as possible.

You can:

- In your school and at home, create a designated recycling area
- Buy recycled paper and print on both sides
- Look for other recycled items when you buy something new
- Buy rechargeable batteries
- Recycle your empty ink cartridges
- Use a mug, or flask rather than a disposable plastic cup for your drinks



Life On Land & In The Sea

Plastic Is Like An Ice Berg
You Can Only See A Portion On The Sea Level
The Real Problem Is Underneath The Sea
Plants Provide 80% of Humans Diets
Forests Cover 30% Of The Earth's Surface
Every Year, 13 Million Acres Of Forest Are Cut Down
Around 1.6 Billion People Depend On The Forest
By 2030 We Want To Combat and Reverse De-Forestation
In 2050 There Is An Estimate To Use No More Fossil Fuels
Fish And Turtles Are Suffering From The Pollution
Our Ecosystem Is Dying To The Point That Our World Is
Actually Going To Burn
The Pollution That We Create Is Getting Out Of Control



We'd like to thank everyone involved in the making of this Communicating Europe-Day Magazine

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Summer Ní Cheallaigh

Adam Ó Conchúir

Grace Nic Crábhagáin

Brooke Ní Dhíomsaigh Ní Chonchúir

Lolabelle Ní Dhuibhir

Orson Ó Draighneáin

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Government of Ireland



An Roinn Gnóthaí
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BioMeBioYou-What We Do



We at BioMeBioYou.eu are excited to bring knowledge, aspiration and inspiration to you and your schools, around all the wondrous things that are happening on Planet Earth, in the fields of technology, biodiversity, education and the endless possibilities of our own minds to create a better future for both our selves and for those who will follow behind us.

www.biomebioyou.eu

Our Vision and Mission stems from a deep passion for every child being allowed to be kids in every way, shape and form and to explore their very own abilities, genius and possibilities.



Do you and your school have any ideas for us or topics we should write about?

We'd love to hear from you!

Contact us on biomebioyou@gmail.com





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